



# Orcas Senior Center Responds to Increasing Demand for Services

## Hearts and Hands

In 2019,  
**22 volunteers**  
 gave a total of  
**778.5 hours**



## Buddy Check-In Program

Since March 2020,  
**75 volunteers**  
 spent **464 hours**  
 calling **1,883**  
**Orcas seniors**



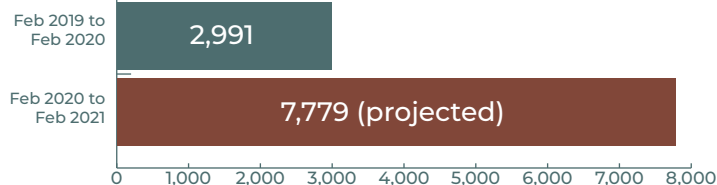
## Meals on Wheels

By February 2021,  
 the Nutrition Program expects:

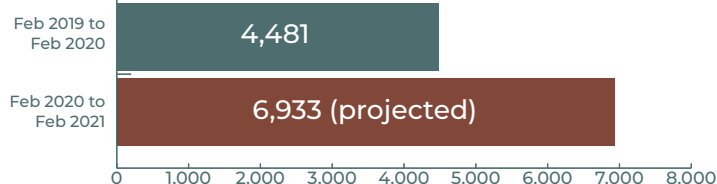
a **260% increase** in the  
**number of meals** delivered

and a **150% increase**  
 in the **number of miles**  
**driven** to deliver these meals,  
 as compared with February 2020.

Number of Meals Delivered on Orcas



Number of Miles Driven



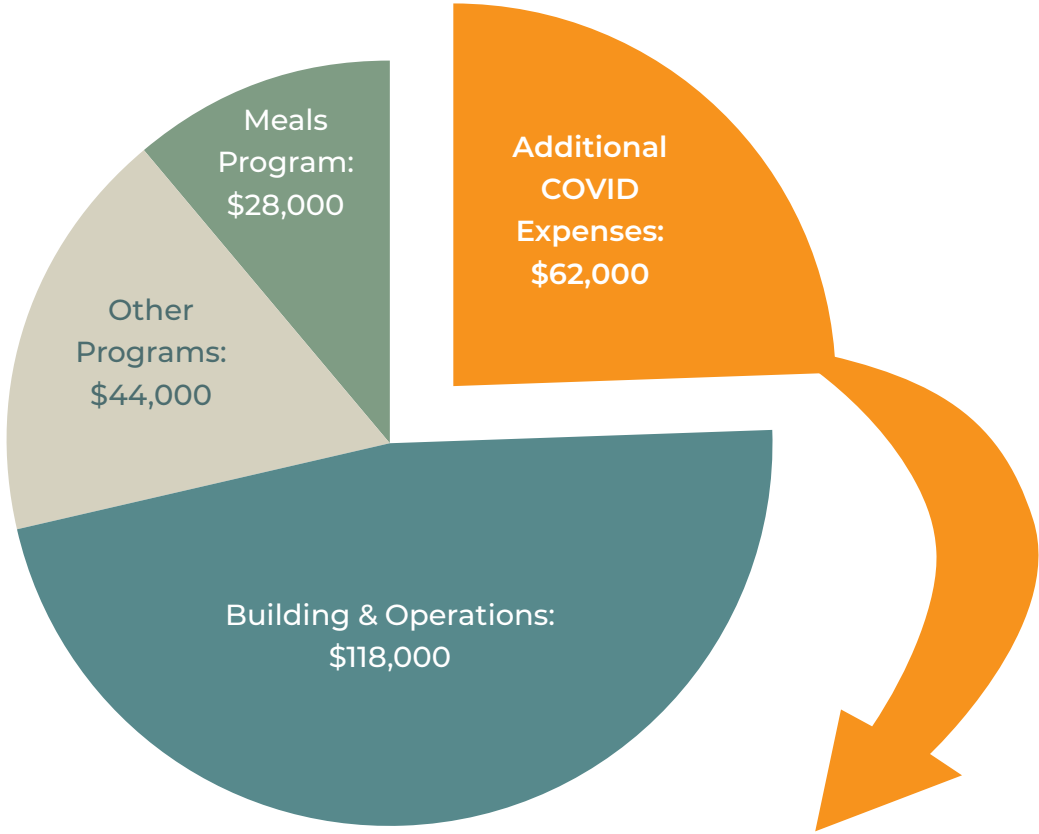
### Our seniors are saying:

- “ What a wonderful thing you are doing through the Senior Center. My husband received a (Buddy Check-In) phone call yesterday and was very appreciative!”
- “ What a great feeling to know that there are people in the community looking out for each other.”
- “ One of the neat things is we look forward to seeing the drivers, how friendly they are, and it’s been nice being able to say ‘hi’ and visit with them.”

### Our volunteers are saying:

- “ Her daughter mentioned, ‘mother really looks forward to your (Hearts and Hands) visit.’ For me, it is an honor.”
- “ It’s one of the high points of my week! I love checking in with (my senior buddy).”
- “ Driving for Meals on Wheels gives me an opportunity to meet more people and bring them really good food. Being a part of this offering has been a delight for me.”

# COVID Costs Add \$62,000 to Orcas Senior Center's 2020 Expenses



**Detail of Additional COVID Expenses:**

Buddy Check-In	\$ 26,000
PPEs & COVID testing	2,300
HVAC upgrades	17,700
Additional staff time	16,000
<b>Total:</b>	<b>\$ 62,000</b>